



Vetted Mental Health Professionals

****A note about this list:**

All providers on this list have been screened and interviewed for their experience working with first responders, firefighters in particular, and with issues related to trauma. If you have feedback on any of these providers in particular, please reach out to the PAR360 team (Dr.Gavian@par360fire.com) and let us know. They're only as good as firefighters say they are!

1. Jess Vogt Doughty, MA, LPC
(612) 240-6597
<https://www.resilientlifetherapy.net/>
EMDR certified; Works with PTSD; Offers workshops, groups and individual
Location: Plymouth, Eden Prairie & Minnetonka
Online (telehealth) appointments also available
Takes Insurance: No
2. Krista Vosberg, MA, LMFT
(320) 289-5401
<http://www.gratitudecounseling.com>
Experience working with both first responders and families and children of first responders
Location: St. Cloud
Takes Insurance: Yes, ask for details
3. Katie Erickson, MA, LPCC
(218)-393-5407
<https://www.duluthcounselingcenter.com>
Extensive experience with first responders but does not do trauma-specific therapy
Location: 1420 London Road. Suite 204 Duluth, MN 55805
Takes Insurance: Yes, ask for details
4. Mariah Rooney, MSW, LCISW
<https://www.mariahrooneylicsw.com>
EMDR certified; does trauma-specific therapy; Offers trauma Informed Yoga and Meditation
Locations: Tuesdays: 4748 Chicago Avenue, Minneapolis, MN
Wednesdays and Thursdays: 333 N. Washington Avenue, Minneapolis, MN
5. Scott Kronebusch, MA, LPCC
(651)-313-8080
<https://elliefamilyservices.com>
Extensive experience with both first responders and families and children of first responders
Location: 17645 Juniper Path Lakeville, MN 55044
Takes insurance: Yes, ask for details
6. Joe Molinari, MSW, LICSW
(612)-315-9929
<https://www.joemolinari.com>
Experience with couple and individuals; Training in Emotionally Focused Therapy
Location: 309 Clifton Ave Minneapolis, MN, 55403 United States
Takes Insurance: No



7. Mark Olson, MSW, LICSW
952-544-0964
<https://www.familyconnectionsmn.com>
Extensive experience working with first responders exposed to stress resulting from duties
Location: 5891 Cedar Lake Road, St. Louis Park, MN 55416
Takes Insurance: Yes, ask for details
8. Kristin Turner, MA, LPCC
612-520-1262
<https://www.turnerpsychotherapy.com>
Extensive experience working with first responders; does trauma-specific therapy
Locations: 8617 W Point Douglas Rd S, Suite 150, Cottage Grove, MN 55016
Lyn-Lake Psychotherapy & Wellness 3033 Excelsior Blvd, Suite 150 Minneapolis, MN 55416
Online (telehealth) appointments also available
Takes Insurance: Yes, ask for details
9. Katy Strub, MSW, LICSW
612-405-2261
<https://irismentalhealthmn.com/>
Works with evidence-based trauma therapy with service members
Location: 101 West Burnsville Parkway, Suite #207, Burnsville, MN, 55337 USA
In office, via teletherapy, and Walk & Talk Therapy.
Takes Insurance: Yes, ask for details
10. Lisa Jensen, MSW, LICSW
<https://www.cfpsmn.com/our-providers>
320-255-0343
Experience working with first responders; Certified in Brainspotting
Location: 600 25th Ave S, Suite 109, Saint Cloud, MN 56301
Takes Insurance: Yes, ask for details
11. Erin Kelly Pash, MA, MFT, LMFT
651-313-8080
<https://elliefamilyservices.com/about/meet-our-team/mendota-heights-clinic-staff/>
Experience working with both first responders and families and children of first responders
Location: 1150 Montreal Ave. #107, Saint Paul, MN 55116
In person and Online Appointments Available
Takes Insurance: Yes, ask for details
12. Nicole Thorston, MSW, LGSW
(612) 389-2332
<https://mindfulwaycounseling.org/>
Specializes in working with individuals impacted by trauma.
Location: 1250 East Moore Lake Dr. Suite 152, Fridley, MN 55432
Takes Insurance: Yes, ask for details



13. Brittany Reinke, LMFT
(320) 314-3668
<https://www.thevillagefamily.org/>
Specializes in treating anxiety, depression and trauma.
Location: 110 6th Avenue South. Suite 100, Saint Cloud, MN 56301
Takes Insurance: Yes, ask for details

14. Rachel Miller Jacobson, LMFT
(612) 759-5533
<https://ampersandcounselingmn.com/>
Specializes in marriage and family therapy.
Location: 6524 Walker St. #209, Saint Louis Park, MN 55416
Takes Insurance: No

How to make sense of all the letters after people's names:

LICSW = Licensed Independent Social Worker, Masters Level, 2 years of specialized graduate education.
Can do individual, family, couples, group work.

LPCC = Licensed professional clinical counselors, 2-3 years of specialized graduate education.
Can do individual, family, couples, group work.

LPC = Licensed professional counselor; 2 years of specialized graduate education.
Can do individual, family, couples, group work.

LMFT = Licensed Marriage and Family Therapist; 3 years of specialized graduate education.
Can do individual, family, couples, group work.

MSW = Master of Social Work; 2 years of specialized graduate education.
Can do individual, family, couples, group work.

MA = Master of Art; 2-3 years of specialized graduate education.
Can do individual, family, couples, group work.

PhD/PsyD = Doctoral Level Psychologist; 4+ years of specialized graduate education
Can do diagnostic assessments, individual, family, couples, group work.